

RECHARGE HIGH PROTEIN

For improved muscle recovery



NUTRITIONAL VALUE PER SERVING 200 ML

ENERGY	911 kJ (218 kcal)
FAT	8,4 g
- SATURATED	2,1 g
- OMEGA 3	1400 mg
- EPA	550 mg
- DHA	550 mg
CARBOHYDRATES	20 g
- SUGARS	19,6 g
- LACTOSE	0,52 g
FIBRE	3 g
PROTEIN	15 g
SALT	0,2 g
LEUCIN	1,8 g
VITAMIN D	3 µg

RECHARGE HIGH PROTEIN

Berry and fruit juices, whey proteins, leucin (amino acid), vitamin D, EPA and DHA in a tasty, smoothie-like blend. The marine oil in Smartfish is oxidation-protected, not concentrated and of Norwegian origin. RECHARGE HIGH PROTEIN is a foodstuff for particular nutritional use and a recovery drink used in connection with physical training. People performing intense physical exercise burn more DHA and EPA.

The drink is juicebased with juices of aronia, pomegranate, apple and pear. No added sugar, sweeteners or preservatives.

USAGE AREAS For improved recovery after exercise.

IMPORTANT NOTES Should not be consumed by persons with milk intolerance. Contains whey protein isolate from milk.

PACKAGING Cartons of 200 ml (8 oz).

USE Serve chilled, shake before use. The drink will obtain a thicker texture/mouthfeel if it is served at low temperature.

STORAGE store in ambient/room temperature 1-25°C, out of direct sunlight. Open containers may be stored in refrigerator for up to 24 hours.

PRODUCTION AND GMO The fish oil sources are wild catch and farmed fish from Norwegian waters, fully traceable and certified GMP and Kosher. Smartfish does not contain GMO and is not produced from GMO.

SMARTFISH AS Smartfish leads the development of nutritional drinks with oxidation-protected marine omega 3 fatty acids DHA and EPA. The company has an extensive clinical trial program.



Smartfish™ is patented and a registered trademark of Smartfish AS.

SMARTFISH
SPORTS NUTRITION

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